

Protocol for Alaskan DOF employees returning from L48 assignments

November 23, 2020

As of November 16, 2020, the Governor's new [travel guidelines](#) apply.

For DOF employees and EFF (Alaska residents) returning from the Lower 48:

- If you are positive with COVID-19, you cannot travel to Alaska until you have been released from isolation or cleared for travel by a medical provider or public health agency.
- You must complete a Travel Declaration Form and Self-Isolation Plan in the [Alaska Travel Portal](#).
- You must comply with one of the following six options:
 - a. Pre-travel molecular-based test for SARS-Co V2 with negative results. Submit negative test results from a test taken within 72 hours of departure into the [Alaska Travel Portal](#) or have proof of a negative test available to show screeners at the airport upon arrival.
 - i. Travelers with negative results from tests taken within 72 hours of departure must follow strict social distancing for five days after arrival into Alaska, or until they leave Alaska, whichever occurs first.
 - ii. A second test taken between five and 14 days after arrival is recommended, but not required.
 - b. Pre-travel molecular-based test for SARS-Co V2 without results. Submit proof of a test taken within 72 hours of departure into the [Alaska Travel Portal](#), or have proof available of having taken a test to show screeners at the airport.
 - i. The traveler must follow strict social distancing until test results arrive.
 - ii. The traveler must upload test results to the [Alaska Travel Portal](#) when received, regardless if negative or positive.
 - iii. Travelers with negative results from tests taken within 72 hours of departure must follow strict social distancing for five days after arrival into Alaska or until they leave Alaska, whichever occurs first.
 - iv. A second test taken between five and 14 days after arrival is recommended, but not required.
 - v. If the molecular-based test for SARS-CoV2 result is positive, the traveler must remain in self-isolation at their own expense. They must contact the State of Alaska COVID Reporting Hotline (1-877-469-8067) and cannot travel until cleared by Public Health.
 - c. No pre-travel molecular-based test for SARS-Co V2. If you arrive in Alaska without proof of a negative test result or proof of a test taken within 72 hours of departure, you may obtain a molecular-based test for SARS-Co V2 upon arrival in Alaska at no cost.
 - i. Travelers must follow strict social distancing until test results are available.
 - ii. Travelers with negative results from the arrival test must follow strict social distancing for five days after arrival into Alaska or until they leave Alaska, whichever occurs first.
 - iii. A second test taken between five and 14 days after arrival is recommended, but not required.
 - d. Quarantine for 14 days after arrival into Alaska (for Alaska residents only)
 - i. No test is required; and
 - ii. Resident traveler must self-quarantine, at your own expense.
 - e. Travel outside of Alaska for less than 72 hours.
 - i. No test or quarantine is required.
 - ii. Resident traveler will self- monitor for 14 days after arrival for any symptoms, even mild ones.

f. Prior confirmed positive results within 90 days of departure: No molecular-based test for SARS-CoV2 is required for any traveler, either immediately before travel or upon arrival, if all three of the following conditions are met:

- i. The traveler provides proof of a previously positive result of a molecular-based test for SARS-Co V2 within 90 days of departure; and
 - ii. The traveler is currently asymptomatic; and
 - iii. The traveler can provide documentation of recovery from a medical provider or a public health official indicating the traveler has been released from isolation.
- If possible, test 72 hours prior to departure. Employees deployed on L48 assignments are encouraged to get a COVID test and charge it and any necessary quarantine to their incident.
 - Since returning Alaskans can get tested at no cost in Alaska, you should only be tested in the L48 if the incident or you personally will cover the costs of the test. There could be exceptions to this, so get approval from your Management Team member if needed.
 - If you are arriving in Anchorage (Ted Stevens International Airport), you must pre-register by accessing the [Capstone COVID 19 Testing Pre-Registration Portal](#).
 - If you are arriving in Fairbanks (Fairbanks International Airport), you must pre-register by accessing the [Beacon COVID 19 Testing Pre-Registration Portal](#).
 - Travelers with negative results on the first test must still follow [strict social distancing](#) for five days after arriving into the state. A second test taken between five and 14 days after arrival is recommended, but not required, and can be obtained free of charge at airport testing sites.
 - **Strict social distancing** is [defined by DHSS](#) as:
 - You may be in an outdoor public place, but stay six feet away from anyone not in your immediate household and wear a face covering.
 - You may arrange curbside shopping or have food delivery.
 - Please do not enter restaurants, bars, gyms, community centers, sporting facilities (i.e., ice rinks, gymnasiums, sports domes), office buildings, school or daycare facilities.
 - Do not participate in any group activities, including sporting events and practices, weddings, funerals, or other gatherings.
 - If you test positive for COVID-19, whether or not you have symptoms, you need to isolate for at least 10 days at home. You may return to work after 10 days if your fever has resolved for at least 72 hours, and all other symptoms are resolved. You must telework or use COVID leave during isolation.

Intrastate travel

On November 16, the Governor's Health Order No. 8 applies restrictions on **intrastate travel to communities off the road system**. See the DOF COVID-19 Handbook for more information.

Alaska residents traveling within the state now have the option of free testing at the airport sites, to prevent bringing the virus into our small communities.

Travel back to the L48 during travel quarantine

After you return from the Lower 48, you are encouraged to wait at least for your first negative test result before returning to the L48 for another assignment. However, in instances of critical need, you need not wait until your test results are received or your travel quarantine or strict social distancing is over to go back to the Lower 48.

When traveling in the Lower 48 from state to state, you are responsible for determining COVID mandates for each state and complying with them.